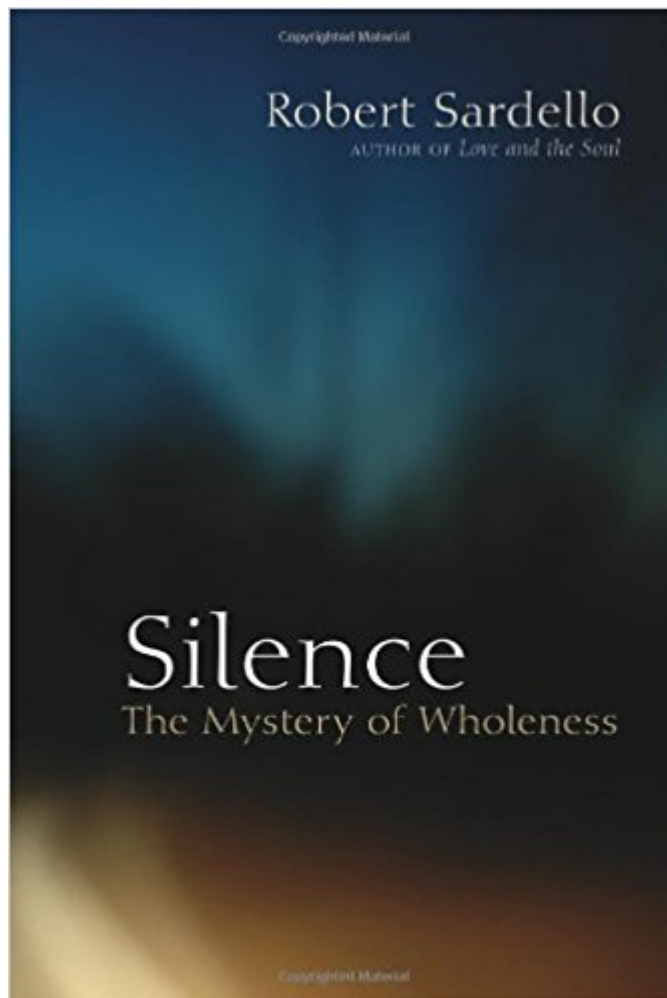


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# Silence: The Mystery Of Wholeness



## Synopsis

With its beautifully rich prose, Robert Sardello's newest book invites us to experience silence as a companion presence, a creative heart-felt experience that renews, restores, and deepens the body's response to the internal and external world. Drawing on images and ideas from the Trials of St. Anthony, Anthroposophy, Depth Psychology, and Phenomenology, the book delves deeply into the subtleties of silence, exploring the phenomenon as a source of wholeness and revitalization. Sharing his own insights from years of experience in spiritual psychology, Sardello takes us on an inner journey beyond the chaotic noise of the ego to a place of inner communion and self-healing. Silence: The Mystery of Wholeness opens our eyes to the importance of cultivating the nurturing aspects of silence in our personal relationships and enables us to awaken the inner currents of spirituality that ultimately lead to a path of universal compassion, service, and healing.

## Book Information

Paperback: 152 pages

Publisher: North Atlantic Books (November 25, 2008)

Language: English

ISBN-10: 1556437935

ISBN-13: 978-1556437939

Product Dimensions: 6 x 0.4 x 9 inches

Shipping Weight: 8 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 50 customer reviews

Best Sellers Rank: #75,627 in Books (See Top 100 in Books) #33 in [Books > Religion & Spirituality > Hinduism > Chakras](#) #90 in [Books > Religion & Spirituality > Worship & Devotion > Meditations](#) #395 in [Books > Religion & Spirituality > New Age & Spirituality > Mental & Spiritual Healing](#)

## Customer Reviews

"Sardello's work Silence sets a momentum into order every time I pick it up, one which asks only that I stay open to that momentum. I haven't encountered this kind of book before, and I don't know what's in it for me, only that I have a longing to stay open to it. I daresay the work will speak for itself. I can't speak for it except to pray it finds a very wide audience and works its magic thereon." — Joseph Chilton Pearce, author of *The Biology of Transcendence: A Blueprint of the Human Spirit*; *Magical Child*; and *The Crack in the Cosmic Egg: New Constructs of Mind and Beauty* "This book is a breakthrough.

In *Silence* Robert Sardello modestly, elegantly and magisterially brings thirty years of work in phenomenological, soul-based spiritual psychology to a new level. What was implicit before becomes explicit: spiritual psychology is not just another theory; it is a path to a new reality. Christopher Bamford, author of *The Voice of the Eagle: The Heart of Celtic Christianity* and *An Endless Trace: The Passionate Pursuit of Wisdom in the West* "With reverence and insight, Sardello delves deeply into the power of silence to heal people physically and spiritually, and the importance of silence in prayer and meditation. Reading this book, one soon learns to equate silence not with the vacuum of outer space but with the rich depths of the soul." Lilipoh

Robert Sardello, PhD, is the author of several books on the power of the soul. Formerly the head of the psychology department and the Institute of Philosophic Studies at the University of Dallas, Sardello has had a long and distinguished academic career. The co-founder of the School of Spiritual Psychology in North Carolina as well as the Dallas Institute of Humanities and Culture, Sardello has spent thirty-five years developing spiritual psychology based on a synthesis of phenomenology, depth psychology, and the Spiritual Science of Rudolf Steiner. He is now an independent teacher and scholar who guest lectures at many institutions in the U.S., Canada, and the U.K., as well in the Czech Republic, the Philippines, and Australia.

I found this work challenging. It is a deep reflection of an awareness found in a number of reflective spiritual paths but shows a sensitivity to the profundity of the pursuit which makes it hard to put down. I found myself challenged.

I bought this book because it was mentioned in another book by Richard Rohr, who happens to be one of my favorite authors. Even though Rohr refers to this book as "ground-breaking," it just did not resonate with me personally. Sardello has a lot of great ideas, but to me they seem vague. I got half way through this and decided to put it down. I will go back to it some other time and give it another try.

The subtleties of this book are hard to describe. If you are in the right place in your spiritual walk to deal with Sacred Silence, then reading just the introduction will be an experience you don't soon forget. Though a "small" book, you will \*\*\*not\*\*\* finish it quickly. Perhaps once or twice in your lifetime (if you're lucky) you will come across a treasure such as this. May it be as much a blessing

to you, as it has been to me.

The chapter on the heart just floored me and the exercises there opened up a new world. A good companion for anyone who likes the almost 800 years old "Cloud of Unknowing@

This was the most boring and dreary book I have ever read. It was assigned for class reading and I dragged through it. The author uses the term silence so redundantly that it makes the text almost meaningless. The long and short of it is that this man seems to be trying very hard to do something that is very simple...i.e. look inside, ask for what you need, and trust in the universe to provide.

Beautiful book on silence written from a transpersonal psychology point of view. I use it with clients called to silence who are not specifically spiritual or religious-- he is a wonderful writer- great depth and heart.

This is a great book. It brought to light many elements relating to Silence that I had never heard or thought of. I found it very deepening for my meditation and to bring more focus to the Heart. I highly recommend this book to anyone who wants to expand their paradigm of healing and Silence.

Each time I open this book I relax and receive more unspeakable beauty. I am so thankful for this awareness and ode to something so precious and threatened as silence. As we awaken to the unimaginable cost of the industrial and technical ages and our disconnection from nature, both inner and outer, we may return to the silence that redeems us and stop seeking outside ourselves for the great missing piece. Thank you, Robert and Cheryl for remembering. I am experiencing deep recognition of truth.

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